## The MESSENGER

#### What's inside

- 2 Missions Stewardship Prayers
- 3 Book Club Celebrations
- 4 Volunteers and Schedules
- 5 Calendar
- 6 Events and the Community
- 7 Upcoming events

### From the Pastor

Greetings, Dear Brothers and Sisters,

November is just around the corner as I write this to you. The thought came to mind as I listened to Ephesians being read the other morning: How often are the words "thanks," "thanksgiving," "I give thanks," or "gratitude" used in the Bible? The numbers vary between the Old Testament and the New Testament, with numbers of 25, 72, 102, and 157 depending on the words. We read these words in the Psalms, but the best example is when Christ gives thanks at the Passover meal before His death. We hear them when the Words of Institution are said weekly:

Mark 14:22-26 (NIV) <sup>22</sup> While they were eating, Jesus took bread, and when he had *given thanks*, he broke it and gave it to his disciples, saying, "Take it; this is my body." <sup>23</sup> Then he took a cup, and when he had *given thanks*, he gave it to them, and they all drank from it. <sup>24</sup> "This is my blood of the covenant, which is poured out for many," he said to them. <sup>25</sup> "Truly I tell you. I will not drink again from the fruit of the vine until that day when I drink it new in the kingdom

of God." <sup>26</sup> When they had sung a hymn, they went out to the Mount of Olives.

**Luke 22:19-23 (NIV)** <sup>14</sup> When the hour came, Jesus and his apostles reclined at the table. <sup>15</sup> And he said to them, "I have eagerly desired to eat this Passover with you before I suffer. <sup>16</sup> For I tell you, I will not eat it again until it finds fulfillment in the kingdom of God." <sup>17</sup> After taking the cup, he *gave thanks* and said, "Take this and divide it among you. <sup>18</sup> For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes." <sup>19</sup> And he took bread, *gave thanks* and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." <sup>20</sup> In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.

Each account is slightly different, but they portray Jesus giving thanks even knowing that betrayal and death are to come. He demonstrates an example of giving thanks to His Father and sharing love and a deep relationship with His disciples as He prepares Himself for the cross.

How do we give thanks? What is on our minds as we do it? Can I bring one more thing to our attention in the scriptures above? Afterward, the disciples left singing a hymn. Can we look around at ourselves throughout our day, give thanks, and then sing a hymn this Thanksgiving season?

I close with this verse from Ephesians 1:15 (NIV). The Apostle Paul writes:

"15 For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, 16 I have not stopped giving thanks for you, remembering you in my prayers."

It is not about me but all about Him,

Pastor Cassandra

## The MESSENGER

## **Prayers and Reflections**

## **PRAYER FOCUS**

November is traditionally the month of Thanksgiving.

Psalm 100:4 says "Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name". The Bible also tells us to "give thanks **in** all circumstances" (1Thessalonians 5:18) and "give thanks to God **for** everything" Ephesians 5:20.

Research has shown that the practice of gratitude is associated with many positive effects in a person's physical and mental health. Expressing gratitude can improve sleep, mood and immunity, and can decrease depression, anxiety, chronic pain and disease.

If you do not already have a habit of thanking God, start a gratitude journal this month. What if you woke up tomorrow morning with only the things that you had thanked God for the day before. That is a sobering thought.

Or try **only thanking and praising** God during your prayer time – no requests- just thanking and praising Him several times a week.

Don't wait until Thanksgiving Day to be thankful. Be thankful all through the month and see how you feel on Thanksgiving Day.

Blessings,

Nancy Freedlund, Worship and Discipleship Deacon

## STEWARDSHIP MOMENT

Are you a member or a disciple? That is the theme of the Stewardship Campaign 2024. Do you look at church membership as you do a "Y" membership or North Pointe? Do you look on your offering as your dues? Or do you look on your commitment as discipleship where you are giving back to God what is already his, where we share the blessings (financial and otherwise) we have been given?

So, are you a member? Or a disciple?

Sherre Faulkner, Stewardship Deacon

## IN OUR PRAYERS

## Healing, strength, and guidance for:

Arianna, John, Marcy, Theresa, Jeff, Chris, John, Kathy, Sue, Amy, Levi, Logan, Pam, Norm, Marilyn, Jenny, Brendt, Sadie, Alice, Rhonda, Vic, Bill, Sue, Tammy, Justine, LeAnn, Lacey, Andrew, Stephanie, David, Joe, Jack, Bryon, Dave, Mary Jo, Linda, Wayne, Cathie, Lora, Jimmy, Thomas, Jerry, and Phil.

### **Prayers for our Service Men and Women:**

Carl Specht, Ella Pearson's grandsons Rob & Samuel Walker, Sherre Faulkner's nephew Rod Flom, Penny Pfile's nephew William Kerr II, Bob & Karen Lowery's grandson Steve Broomfield, Dorothy Bush's nephews Christian and Cody Bush, and Gabe McNames.

## For those suffering loss:

Family and friends of Jenny, friends and family of Carol Miller.

## **Celebrations**

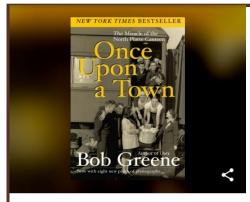




11th: Carol Schmidt 13th: Cheri Saarinen 14th: Lynn Denham 25th: Jenell White

15 Art and Ellen Goldsworthy





Once Upon a Town: The Miracle of the North Platte Canteen

by Bob Greene

## **Book club for November**



**November 20th** is our next meeting for lunch and fellowship.

## **New Church Office Hours**

TBA: Please check your bulletins for updates



NOTE: December Newsletter articles due by November 18st by noon!

The Prince of Peace council members meet monthly. If you have questions or ideas, please contact one of the council deacons or attend a meeting.

President, Pam Novotnak 779-423-8093

Vice President, Dan King 815-494-3919

> Secretary, Wendy Goldsworthy 815-389-3796

Treasurer, Amy Lynch 815-624-2433

Discipleship/Worship Nancy Freedlund 815-624-6363

Facilities, Brad Mueller 815-218-2944

Fellowship, Sue Peterson 815-282-2715

Service, Kathy Leahy 815-243-0831

Stewardship, Sherre Faulkner 815-629-2200

Witness, Lora Conrad 815-289-7171

\*Please consider joining the Church Council. Open positions: **Discipleship Deacon, Worship Deacon.** Contact Dan King for information.

## **NOVEMBER Serving Schedule**

If you are not able to make your allotted time slot, please find a substitute and notify the church office.

<u>WEEK BEGINNING 11/03/2024</u>
<u>WEEK BEGINNING 11/17/2024</u>

AV Darran Landenberger & Ava AV Stacy Diemel

Lynch ACOLYTE Dan King

ACOLYTE Damon Lynch GREETERS Debbie Tracy & Darran

GREETERS Greg Bartz & Nancy Freedlund Landenberger

USHERS Dan King & Pam Novotnak USHERS Jim Freedlund & Debbie Tracy

READER Connor Diemel READER Andrew Langr

COMM ASST Nancy Freedlund, Lora Conrad & COMM ASST Steve Shrider, Richard

Volunteer Mackenthun, & Amy Lynch

COUNTERS David Baird & Greg Bartz COUNTERS Sandy Buske & Dorothy Bush

WEEK BEGINNING 11/10/2024 WEEK BEGINNING 11/24/2024

AV Stacy Diemel AV Kara Wallace
ACOLYTE Greg Bartz ACOLYTE Ava Lynch

GREETERS Steve & Denise Shrider GREETERS Nancy Freedlund & Pam

USHERS Jim Freedlund & Debbie Tracy Novotnak

READER Wendy Goldsworthy USHERS Sherre Faulkner & Darran

COMM ASST Wendy Goldsworthy, Richard Landenberger

Mackenthun & Pam Novotnak READER Andrew Langr

COUNTERS Steve Shrider & Kara Wallace COMM ASST Nancy Freedlund, Richard

Mackenthum, & Lora Conrad

COUNTERS Kathy Leahy & Tom Lenhart

Volunteers are needed for the 11:15 am worship services. A sign-up sheet is available in the

Stock Pew Racks for November: Kara Wallace sign-up sneet is available church narthex.

## **Worship Schedule**

Sunday, November 3rd 9:00 am & 11:15 am Worship

Sunday, November 17th 9:00 am & 11:15 am Worship Sunday, November 10th 9:00 am & 11:15 am Worship

Sunday, November 24th 10:30 am

## November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
The mission of Prince of Peace Lutheran Church is to sow FAITH IN CHRIST, strengthen FAMILIES, serve our COMMUNITIES.					1 Office Closed	2 Men's Group 7:00 am
3 Worship 9:00 am & 11:15 am Christian Education Hour 10:15 am	4 Prayer Group 9:30 am Intercessory Prayer Gathering 10:30 am	5 Election Day Office Closed	6 C.A.L.M. Coffee Club 9:30 am – 12:30 pm	7 10:30 am-3:30 pm Ann. Co-op	8 Office Closed	9 Fellowship hall not available
10 Worship 9:00 am & 11:15 am Education Hour 10:15 am	11 Prayer Group 9:30 am Intercessory Prayer Gathering 10:30am	12 Rockton Quilt Group 6:15 pm – 9:00 pm Council Meeting 6:30pm	13 C.A.L.M. Coffee Club 9:30 am – 12:30 pm Altar Guild 6:30 pm	14 10:30 am-3:30 pm Ann. Co-op	15 Office Closed	16 Men's Group 7:00 am
17 Worship 9:00 am & 11:15 am Education Hour 10:15 am	18 Prayer Group 9:30 am Intercessory Prayer Gathering 10:30 am	19 Mary Rachel Circle 1:00 pm Naomi Circle 1:00 pm	20 C.A.L.M. Coffee Club 9:30 am – 12:30 pm Book club 12:00 pm	21 10:30 am-3:30 pm Ann. Co-op	22 Office Closed	23
24 Worship 10:30 am (only <b>one</b> service)	25 Prayer Group 9:30 am Intercessory Prayer Gathering 10:30 am	26	27 C.A.L.M. Coffee Club 9:30 am – 12:30 pm	28 Happy Thanksgiving!	29 Office Closed	30
				Thanksgiving Break		

## The MESSENGER



www.poprockton.com

# Upcoming Events and Calls to Action

#### November

## **Operation Christmas Child:**

We will be participating in the shoebox project for Samaritan's Purse. Donations are currently being accepted. Final collection date: **November 17th.** 

### **Mary Rachel Circle:**

The Circle is accepting contributions for military members during the month of November. You may designate contributions in the offering trays or the basket in the narthex.

#### **November 24th**

## **Hanging of the Greens:**

This is a departure from our usual fifth Sunday. After the service, join in decorating the sanctuary for Advent. This will be followed by a Thanksgiving themed POTLUCK. Watch for the sign-up sheet and bring your favorite Thanksgiving dish.

**Collecting Christmas Lights:** Stewardship Committee will be collecting non-working Christmas lights beginning November 24th. The recycling container will be in the narthex until January 5th. After that they will be send to Belson Steel, Kankakee, IL.

#### One service:

November 24th will only have one worship service at 10:30 am. Please join us afterwards for the Hanging of the Greens with food and fellowship.

#### **December 7th**

Gingerbread Lane Cookie Walk: Back by popular demand, Gingerbread Lane Cookie Walk, sponsored by Naomi Circle, is returning this year on Saturday, December from 9 am to 11 am. This is an opportunity for all who love to bake to join in the festivities of the holiday season. This event is only for PoP families and will not be part of the Rockton Christmas Walk.

Prince of Peace Lutheran Church 2336 Freeport Road Rockton, IL 61072

Phone: 815-624-2115

E-mail: info@poprockton.com Web page: www.poprockton.com

Worship Service: Sunday 9:00 & 11:15 am

Fellowship Hour: Sunday 10:15 am LCMC Website: www.lcmc.net

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**November 2024**